

Long Term Volunteering

Those who say it cannot be done should not interrupt the people doing it.
(Chinese proverb)



Revitalize Respite Holidays

in Great Britain, hosted by IVS GB

Theme:	Disabilities
Location	Volunteers can choose from 3 respite holiday centres: Essex, Hampshire and Merseyside.
Duration:	1-12 months. Recruiting from now onwards.
Application:	
Vacancies	6
Languages:	
↪ Project:	English
↪ Local:	English

If you are interested in taking part in this project, or if you would like to get more information about becoming a long term volunteer, please contact your local SCI organisation. You can search for the contact information here: <http://www.sciint.org/contact-us/local-sci-branch-or-partner>

Project Description:

Revitalise create revitalising holidays for disabled people and carers, including a vast and varied range of excursions, daily activities and live entertainment, coupled with expert 24-hour nurse-led care.

Revitalise also give carers the opportunity to have a rest. Carers can either choose to accompany their loved one, or enjoy their own break elsewhere.

Volunteers stay on a residential basis at their centres and provide companionship and support to guests during their holiday. For longer term volunteers they also provide opportunities to be trained in healthcare.

Work: Social Volunteers provide companionship and support to guests by chatting with them at meal times, making teas or coffees, accompanying them on daily excursions to local sites and enjoying the evening entertainment with them. This role also involves some personal support such as assisting with mobility and eating and drinking but you wont be asked to do anything you arent comfortable with. Volunteers also support in the dining room with serving breakfast, washing up after dinner and laying the tables for the next day, but done as part of a team this doesnt take long!

Volunteers can choose to receive training to become a Care Support Volunteer. These volunteers provide companionship and social support to guests and also

provide basic care such as assisting more independent guests with tasks such as brushing teeth, doing their hair and getting dressed.

Volunteers can also receive training in more aspects of healthcare work and how to provide higher levels of care to guests

Requirements: Police check

Food: Cooked meals provided. Volunteers can choose from the menu. If volunteers are on excursions, packed lunches will be provided.

There are kitchen facilities in the volunteer accommodation so volunteers can prepare their own food if they wish.

Accommodation: The volunteer accommodation is situated in a separate area of the holiday centres. You will have a single room or share with one other person. Shared bathroom facilities.

Pocket money: None

Insurance: Volunteers must have appropriate health insurance, arranged either through the SCI sending organisation or independently. Separate travel insurance will be also required

Fees: None

Visa: –

Others: –